

Date-31/01/2022

**A REPORT ABOUT ON-FIELD PHYSIOTHERAPY TO WOMEN'S  
U-15 & U-17 DERVAN ENERGIA FOOTBALL CUP-2022**

On-field Physiotherapy had been organized by SVJCT's B.K.L.Walawalkar College of Physiotherapy for women's U-15 & U-17 **Dervan Energia Football Cup-2022** which was held from 27/01/22 to 30/01/22.

Prof. Dr.M.Sedhu raja MPT (Sports) and Asst.Prof. Dr.D.Premasagar MPT (Sports) had been taken part in that event and done on-field Physiotherapy with 3<sup>rd</sup> year Physiotherapy Students.

Around 46 Players had suffered with various types of Sports Injuries such as Quadriceps Strain, Hamstring Strain, Ankle Sprain, Joint Soft tissue Injuries, Contusion etc. Advanced Physiotherapy Techniques such as Cryo-stretch and Taping had been applied to players.

Around 10 Players had been referred to Physiotherapy Out-Patient Department during this event.

We would like to thank the SVJCT's Management, Mr. Shreekant Paradkar, (Sports Director), Dr.Suvarna N.Patil (Medical Director), Dr.Netaji Patil, and Dr. Sathish Kumar R (Principal) for giving us this opportunity.



Principal

Principal  
B.K.L. Walawalkar  
College of Physiotherapy  
Kasarwadi - Sawarde



Medical Director

Director  
B.K.L.Walawalkar Rural Medical College,  
Sawarde, Kasarwadi, Pin - 415606

Date:-22/03/2022

## A REPORT ABOUT ON-FIELD PHYSIOTHERAPY TO DERVAN YOUTH GAMES 2022

On-field Physiotherapy had been organized by SVJCT's B.K.L.Walawalkar College of Physiotherapy for DERVAN YOUTH GAMES 2022 which was held from 14/03/2022 to 21/03/2022 At Morning & Evening session.

Asst.Prof. Dr.Satyajit Kumbhar MPT and Asst.Prof. Dr.D.Premasagar MPT (Sports) had been taken part in that event and done on-field Physiotherapy with 3<sup>rd</sup> year Physiotherapy Students.

Around 315 Players had suffered with various types of Sports Injuries such as Quadriceps Strain, Hamstring Strain, Ankle Sprain, coup counter Injuries, low back pain, shin pain, dehydration, Contusion etc. Advanced Physiotherapy Techniques such as Cryo-stretch and Taping, Compression had been applied to players.

Around 16 injured Players had been referred to Physiotherapy Out-Patient Department & treated by Dr. M.Sedhu raja MPT (Sports) & patients had been treated in on-field physiotherapy during this event.

We would like to thank the SVJCT's Management, Dr.Suvarna N.Patil (Medical Director), Dr.Netaji Patil, and Dr. Sathish Kumar R (Principal), Mr. Shreekant Paradkar, (Sports Director), for giving us this opportunity.

Medical Director

Director

B.K.L.Walawalkar Rural Medical College,  
Sawarde, Kasarwadi, Pin - 415606



Principal

Principal  
B.K.L. Walawalkar  
College of Physiotherapy  
Kasarwadi - Sawarde

Date-31/05/2022

**A REPORT ABOUT ON-FIELD PHYSIOTHERAPY MANAGEMENT  
TO FIRST ALL INDIA 7 A-SIDE U-12, U-14, U-16 & U-18 FOOTBALL  
CHAMPIONSHIP-2022**


On-field Physiotherapy Management had been organized jointly by Young Lines Sports Academy and SVJCT's B.K.L.Walawalkar College of Physiotherapy for first all India 7 A-side U-12, U-14, U-16 & U-18 Football Championship-2022 which was held from 27/05/22 to 29/05/22.

Prof. Dr.M.Sedhu raja MPT (Sports) had been taken part in that event and done on-field Physiotherapy management with 3<sup>rd</sup> year Physiotherapy Students for two sessions.

Around 74 Players had suffered with various types of Sports Injuries such as Quadriceps Strain, Hamstring Strain, Ankle Sprain, Joint Soft tissue Injuries, Contusion etc. Physiotherapy Techniques such as Cryo-stretch and Taping had been applied to players.

Around 5 Players had been referred to Physiotherapy Out-Patient Department and Ortho Out-Patient Department during this event.

We would like to thank the SVJCT's Management, Mr. Shreekant Paradkar, (Sports Director), Dr.Suvarna N.Patil (Medical Director), Dr. Sathish Kumar R (Principal) and Dr.Netaji Patil for giving us this opportunity.

  
Principal

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B.K.L. Walawalkar  
College of Physiotherapy  
Kasarwadi - Sawarde



  
Medical Director

Director  
B.K.L.Walawalkar Rural Medical College,  
Sawarde, Kasarwadi, Pin - 415606

# B.K.L. Walawalkar College of Physiotherapy

At/Post-Sawarde, Tal-Chiplun, Dist-Ratnagiri-415606, Maharashtra State, India

Phone-02355264692 Fax 2355264181

Date-04/12/2022

## A REPORT ON DISTRICT LEVEL SCHOOL FOOTBALL EVENT

SVJCT's B.K.L. Walawalkar College of Physiotherapy

A District Level School Football event for under-17 boys and girls was organized by Jilla Parishad Ratnagiri and Jilla Krida Adhikari Karyalay, Ratnagiri from 30/11/22 to 03/12/22. The Tournament was conducted in SVJCT's Football grassy Ground, Sawarde and On-field Physiotherapy was given by SVJCT's BKL Walawalkar College of Physiotherapy. The Assistant professor Dr. Satyajit Kumbhar and 5 final year students were posted in morning and evening matches. The on-field physiotherapy assessment and management were provided by the following final year students:

- 1) Pratham Parab
- 2) Maulik Shah
- 3) Aakash Ghadigaonkar
- 4) Dhurvesh Gurap
- 5) Rohan Kambale

Approximately **14 Sports Injuries** were examined and treated in following conditions:

- Quadriceps Strain
- Hamstring Strain
- Ankle sprain
- Calf Strain
- Rotator Cuff Injury

We would like to thank Dr. Suvarna N. Patil Madam, Dr. Netaji Patil Sir, Mr. Shreekant Paradkar Sir, Principal Dr. Sathish Kumar R Sir, and Dr. M. Sedhu raja Sir for giving us this opportunity.

  
Principal

Principal  
B.K.L. Walawalkar  
College of Physiotherapy  
Kasarwadi - Sawarde



  
Medical Director

Director  
B.K.L. Walawalkar Rural Medical College,  
Sawarde, Kasarwadi, Pin - 415606

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Date-23/01/2023

## A REPORT ON DERVAN ENERGIA FOOTBALL TOURNAMENT

SVJCT's B.K.L. Walawalkar College of Physiotherapy

A Dervan Energia football tournament for under-17 girls was organized by SVJCT's Sports Academy from 18/01/23 to 21/01/23. The tournament was conducted in SVJCT's Football grassy Ground and On-field Physiotherapy was given by SVJCT's BKL Walawalkar College of Physiotherapy, Sawarde. The 16 final year female students were divided by four in each session and posted in Morning and Evening matches. The on-field physiotherapy assessment and management were provided by the following final year students:

1) Srusti Andhere	10) Sudipta Chandokar
2) Dhruva Chavan	11) Komal Dalvi
3) Mayuri Sawant	12) Ruthuvija Jhadav
4) Avantica Surve	13) Swarangi Jadhav
5) Ojaswini Teredesai	14) Sakshi Mauria
6) Asawari Thakur	15) Shakshi Rane
7) Deepali Vinerkar	16) Savari Sakpal
8) Atharvi Waghole	17) Shubangi Kasdekar
9) Sejal Zombade	18) Satyadnya Ghalsasi

Approximately **34 Sports Injuries** were Examined and Treated in following conditions:

- Quadriceps Strain
- Hamstring Strain
- Ankle sprain
- Calf Strain
- Rotator Cuff Injury

We would like to thank Dr.Suvarna N.Patil Madam, Dr. Netaji Patil Sir, Principal Dr. Sathish Kumar R Sir, Dr. M.Sedhu raja Sir for giving us this opportunity.

Principal

Principal  
B.K.L. Walawalkar  
College of Physiotherapy  
Kasarwadi - Sawarde



Medical Director

Director  
B.K.L. Walawalkar Rural Medical College,  
Sawarde, Kasarwadi, Pin - 415606

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Date-04/02/2023

## A REPORT ON UK CAMP 2023

SVJCT's B.K.L. Walawalkar College of Physiotherapy

A UK Camp for Pre and Post-Operative Orthopaedic conditions was organized by and conducted in BKL Walawalkar Hospital, Sawarde from 26/01/23 to 03/02/23. The Pre and Post-Physiotherapy were given by Musculoskeletal Department, SVJCT's BKL Walawalkar College of Physiotherapy. The Pre and Post-operative Physiotherapy Assessment and Management were provided by the following professors along with Third and Fourth year Physiotherapy students:

- 1) Dr. M.Sedhu raja
- 2) Dr. Meghana Palkhade
- 3) Dr. Sathyajit Kumbhar
- 4) Dr. Charusmita Badgujar

Approximately, **16 Pre and Post-Operative Orthopaedic conditions** were assessed and managed in following conditions:

- Unilateral and Bilateral total knee replacement
- Unilateral total hip replacement
- Endoscopic discectomy
- Spinal fusion
- ACL Tear reconstruction

We would like to thank Dr.Suvarna N.Patil Madam, Dr. Netaji Patil Sir, Dr. Nadkarni, Dr. Joshi, and Principal Dr. Sathish Kumar R Sir for giving us this opportunity.



Principal

Principal  
B.K.L. Walawalkar  
College of Physiotherapy  
Kasarwadi - Sawarde



Medical Director



Director  
B.K.L.Walawalkar Rural Medical College,  
Sawarde, Kasarwadi, Pin - 415606

ShriVithalrao Joshi Charities Trust's

## **B. K. L. Walawalkar College of Physiotherapy**

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Date: - 13/03/2023

### A REPORT ABOUT ON-FIELD PHYSIOTHERAPY MANAGEMENT ON DERVAN YOUTH GAMES-2023

On-field Physiotherapy management was organized by SVJCT's BKL Walawalkar College of Physiotherapy for DERVAN YOUTH GAMES 2023 which was held from 03/03/2023 to 10/03/2023.

Prof .Dr. Sedhu Raja MPT (Sports Physiotherapy) and Asst. Prof. Dr.Satyajit Kumbhar MPT (Musculoskeletal Physiotherapy) were taken part in on-field Physiotherapy management with BPTTh III & IV year students.

Around 164 players were suffered with various types of Sports Injuries such as Quadriceps Strain, Hamstring Strain, Ankle Sprain, Coup counter Injuries, low back pain, Ankle sprain, Concussion etc. Advanced Physiotherapy Techniques such as Myofascial trigger point release, Cryo-stretch and Taping were applied on the players.

Around 9 injured players were referred to Physiotherapy Out-Patient Department and who were treated by Dr. M. Sedhu raja MPT (Sports Physiotherapy) and Dr. Satyajit Kumbhar (Musculoskeletal Physiotherapy).

We would like to thank Dr. Suvarna N. Patil (Medical Director), Dr. Netaji Patil, and Dr. Sathish Kumar R (Principal) and Mr. Shreekant Paradkar (Sports Director) for giving us this opportunity.

Injuries	No. of patients
1. Ankle sprain	30
2. Quadriceps Strain	26
3. Knee Ligament Sprain	20
4. Calf Strain	19
5. Hamstrings Strain	17
6. Rotator cuff strain	9
7. Head and face concussion	8
8. Great Toe strain	8
9. Hand Complex Muscle strain	8
10.Elbow Ligament sprain	5
11.Low back Pain	5
12. Plantar fasciitis	5
13.Forearm Muscle Strain	4
<b>Total No. Of Patients</b>	<b>164</b>

Medical Director



Principal  
Principal  
B.K.L. Walawalkar  
College of Physiotherapy  
Kasarwadi - Sawarde

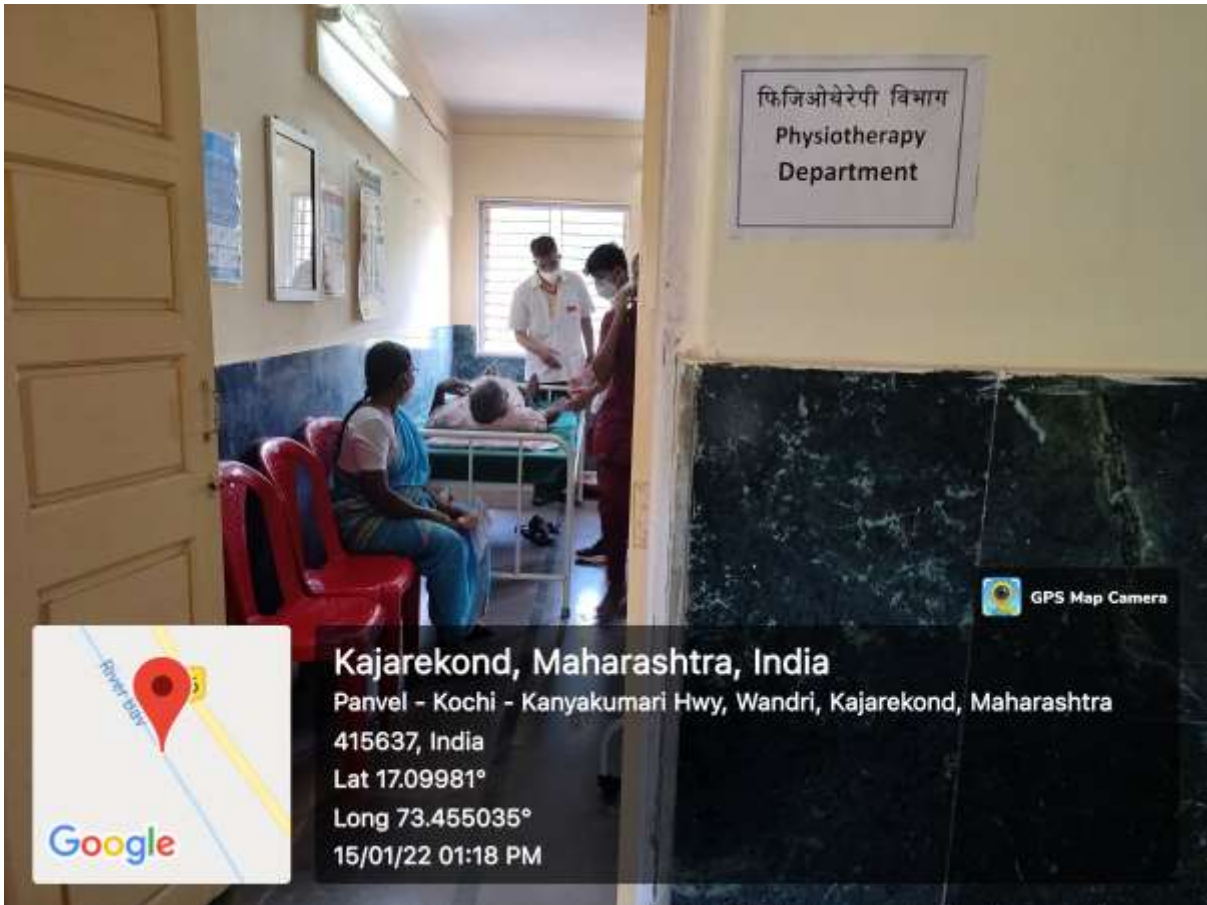






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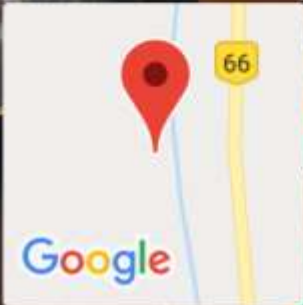
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