



COMMUNITY PT

GOAL:

To provide comprehensive services that provide communities direct and instant access to necessary resources, such as medical and mental health care, particularly from the perspective of physiotherapy, is the aim of community service provision.

OBJECTIVES:

Knowledge

The students will be able to:

1. Develop the skills necessary to function as a physiotherapist, serving the greatest number of patients in the community while acknowledging the constraints of the local facility.
2. Learn about the local and regional resources that can be used to give the community a better comprehensive healthcare.

Patient Care

The student will be able to:

1. Organize, summarize, and accurately deliver information—including a differential diagnosis and treatment plan—both orally and in writing.
2. Exhibit the values of informed consent, patient autonomy, and confidentiality.
3. Establish and exhibit the capacity to evaluate and prioritize patients based on urgency while working in an effective, structured manner.
4. Acquire the administrative abilities required to see a diverse range of patients in a busy community clinic.



Interpersonal Communication Skills

The student will be able to:

1. Coordinate comprehensive care by effectively communicating with other members of the healthcare team.
2. Inform patients and coworkers about medical judgments and suggestions in an effective manner.
3. Learn to have sensitive conversations about various topics.
4. Show that they can communicate with patients and their families in a kind, caring, and sympathetic manner while taking the psychosocial, financial, and cultural aspects of care into account.
5. Deliver a talk or presentation to a local organization at least once.

Systems Based Learning

The student will be able to:

1. Showcase efficient, kind, and understanding communication with patients and their families while taking cultural, economic, and psychosocial aspects of treatment into account.
2. Make use of auxiliary services to deliver inexpensive and suitable medical care.

Practice Based Learning and Improvement

The student will be able to:

1. Evaluate and incorporate scientific data to inform patient care enhancements.
2. Incorporate feedback and formative assessment into regular practice.
3. To maximize learning, use information technology.



Professionalism

The student will be able to:

1. Exhibit professionalism in all of their interactions with patients, families, and medical care providers, including how to dress and arrive on time.
2. Show empathy, moral rectitude, and regard for other people.
3. Show consideration for the autonomy and privacy of your patients.
4. When making decisions, consider the medical ethics principles.



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TEACHING LEARNING STRATEGIES

1. Lectures using power point presentations, images, videos
2. Practical demonstration
3. Bedside teaching
4. Clinical practice under guidance
5. Group discussions
6. Seminars
7. Assignments
8. Community based learning through various outreach programmes

OUTREACH PROGRAMME

AIM

To provide an experiential learning opportunity to undergraduate physiotherapy students towards community-based health and thereby enhance equity in health in the community

OBJECTIVES

- To create health related awareness within the community
- To gain the ability to collaborate with other health professionals for effective service delivery
- To identify with clinical reasoning for the prevailing biological, environmental, psychosocial & cultural factors responsible for various dysfunctions
- To identify the various diseases, dysfunctions & other health problems related to sedentary life style, women, children, geriatric/aged group, and industrial workers in the community.
- To plan the interventional strategies to combat health related problems at community level
- To provide health care delivery through PHC, UHTC and RHTC for the people in the community.
- To provide home based care for the people who have difficulty in healthcare access and are away from health care institutions through family adaptation program.
- To provide health education, preventive, promotive & rehabilitation services in the urban & rural centres
- To evaluate disability & plan for prevention & rehabilitation of disability.
- To provide education to community people regarding various government policies for the welfare of special communities & disabled persons.

ASSET DETAILS

Item Description	Manufacturer	Make	Model	Year	Serial Number	Mode I Number	Asset Number
SKINFOLD CALIPER	N.A		N.A	2019	N.A	N.A	SVJCT-BKLCOP-SKINFOLD CALLIPER-01//2023
WEIGHING SCALE	N.A		N.A	2023	N.A	N.A	SVJCT-BKLWCOP-WEIGH SCALE -01/2019
B.P APPARATUS	N.A		N.A	2023	N.A	N.A	SVJCT-BKLWCOP-BP APP -01/2019
STHETHOSCOPE	N.A		N.A	2023	N.A	N.A	N.A
YOGA MAT	N.A		N.A	2023	N.A	N.A	SVJCT-BKLCOP-YOGA MAT/05/2023
YOGA MAT	N.A		N.A	2023	N.A	N.A	SVJCT-BKLCOP-YOGA MAT/06/2023
WEIGHTS (0.5 kg)	N.A	N.A	N.A	2019	N.A	N.A	N.A
WEIGHTS (1 kg)	N.A	N.A	N.A	2023	N.A	N.A	SVJCT-BKLCOP-TRACTION PLINTH /03/2023
DUMBELLS (0.5 kg)	ELECTROME DICAL CONTROL		N.A	2024	N.A	N.A	SVJCT-BKLWCOP-DUMBELL/11/2024
DUMBELLS (0.5 kg)	ELECTROME DICAL CONTROL		N.A	2024	N.A	N.A	SVJCT-BKLWCOP-DUMBELL/12/2024
DUMBELLS (1 kg)	ELECTROME DICAL CONTROL		N.A	2024	N.A	N.A	SVJCT-BKLWCOP-DUMBELL/13/2024
DUMBELLS (1 kg)	ELECTROME DICAL CONTROL		N.A	2024	N.A	N.A	SVJCT-BKLWCOP-DUMBELL/14/2024
THERABANDS	ELECTROME DICAL CONTROL		N.A	2023	N.A	N.A	SVJCT-BKLCOP-THERABAND-/01//2023
SWISS BALL - 65 cm	COSCO		N.A	2023	N.A	N.A	SVJCT-BKLCOP-SWISS BALL /05/2023
PELVIC INCLINOMETER	ELECTROME DICAL CONTROL	N.A	N.A	2023	N.A	N.A	SVJCT-BKLCOP-PELVIC INCLINOMETER/01/2019